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IZAVOD ZA ŠPORT  
AJDOVŠČINA

## THE BEAUTY OF THE TRNOVO FOREST

	<b>Path length:</b> 30 km		<b>Terrain:</b> asphalt, macadam
	<b>Duration:</b> 4 h		<b>Ascent:</b> 250 m
	<b>Price:</b> 45 €		<b>Path difficulty:</b> medium

The path starts at Predmeja. From here take the macadam road which brings you to the center of The Trnovo Forest. Silence, peace and just you in the embrace of nature, far away from the city noise, hustle and bustle. Having arrived at Paradana, find a unique example of a mighty maple and spruce growing side by side in harmony and discover the big ice cave from which the ice was once loaded all the way to Egypt. From there the trail leads past the Smrekova draga, one of the biggest hollow at the Trnovo Forest. Due to temperature inversion, vegetation levels follow in the opposite direction as expected. Before descend back to the valley we will take the time to enjoy the magnificent views that stretch across the Karst all the way to the Adriatic coast.

Predmeja – Mala Lazna – The Big Ice Cave at Paradana– Smrekova draga – The Rob edge – Ajdovščina

### GOOD TO KNOW

#### 1. Meeting point

In front of the Youth Hostel Ajdovščina, where you can rent a bike (according to the price list).

#### 2. Minimum number of participants

2 pax.

#### 3. Equipment

Bicycle (MTB, trekking, road), helmet, adequate cycling clothing and footwear, backpack, water, energy bars and energy drinks (long&demanding tours) or »lunch package«.

#### 4. What is included in the price

Guidance and escort of our experienced guides, assistance on tour and transportation to the start of the route where indicated.

Responsible tour operator: Wajdušna I&S Aladin d.o.o. Ajdovščina

